



Name : MELINA . M . PEREIRA

Class / Div : 13th / A Roll No.: 08

Article Title : OPPORTUNITY KNOCKS FOR ALL

OPPORTUNITY KNOCKS

ONCE FOR ALL.....!

There is difference between successful people and others. Opportunities are not magic words, one wave of which will lead us to the pinnacle of success. They are, in essence, chances that we create for ourselves after years and years of hard work and perseverance. Opportunities are a culmination of the sacrifices that we make to achieve our goals, the possibilities that we create for ourselves which gives us the best chance to succeed. As the saying goes, "Life is not served on a silver platter", it is those small windows of opportunities that we need to keep an eye on and exploit as soon as we see an opening. Therefore, whether opportunities knock once for all, it doesn't matter. One should always be ready for all possibilities in life as the real opportunity is "YOU".....!



Name : Alicia Silveira

Class / Div : TYBCOM/B

Roll No.: 64

Article Title : Mental Health Awareness

Mental Health is a major concern worldwide and India is not far behind in sharing this. Dr. Brock Chisholm, the first Director-General of the World Health Organization, in 1954, had presciently declared that "without mental health, there can be no true physical health."

There remain considerable issues of priority-setting based on the burden of health problems and of addressing inequalities in relation to determinants and solutions for health problems.

Mental health awareness campaigns have yielded positive outcomes. Some of the strategies undertaken to target awareness and address stigma around mental illness include participation by family members, sensitization to treatment and social inclusion. Lack of knowledge about the mental illnesses poses a challenge to the mental health care delivery system.

There are various types of mental health

1. Anxiety Disorders - Anxiety is a common emotion when dealing with daily stress and problems and affect a person's ability to function; anxiety becomes a disorder. Eg:- Panic attacks, Obsessive compulsive disorder, etc.

2. Depression - Depression is different from usual mood fluctuations and short-lived emotional responses to challenges in everyday life. The person experiences depressed mood or loss of interest in activities.

3. Post-traumatic stress disorder - PTSD is a mental and behaviour disorder that can develop because of exposure to a traumatic event, such as sexual assault, child abuse, domestic violence or other threats on a person's life.



Name : SHARAD KAMLESH SHARMA

Class / Div : S.V.B.COM / 51 F Roll No.: 51

Article Title : LEADERSHIP STYLE

Introduction:-

A leadership style refers to a leader's characteristic behaviors when directing, motivating, guiding, and managing groups of people. Great leaders can inspire political movements and social change. They can also motivate others to perform, create, and innovate.

Types of Leadership style:-

- (.) Coaching leadership.
- (.) Autocratic leadership.
- (.) Management leadership.
- (.) Transformation leadership.
- (.) Democratic leadership.
- (.) Pacesetter leadership.
- (.) Laissez-faire leadership.

Conclusion:-

It can be concluded that effective leadership has a lot to do with good leadership traits and styles. Effective leadership is not about making speeches or being liked; leadership is defined by results not attributes. Every administrator needs to possess the right leadership traits to obtain the greatest results in any organization.



Name: Rahul . Mangilal . Gujjar

Class / Div: S.Y.B.Com / f Roll No.: 07

Article Title: TRUST

* TRUST *

Trust is the Very thing that everybody in this World desires, or at least should desire from one another. Who wants to have a friendship or relationship without trust? Nobody does.

Without trust, there is no friendship, there is no love. I believe that trust is an even greater Compliment than to be loved! I believe George Macdonald said it best when he stated "To be trusted is a greater Compliment than to be loved."

"When I read this quote for the first time, I thought to myself, "How that is so true. How can you be loved if you are not trusted first?"

It is a special thing to be trusted by someone. To be trusted by someone. Taking advantage of somebody's trust in you is never a good thing and will only lead to distrust. If somebody took advantage of my trust, I would be very skeptical of them the next time they needed me to do something for them or asked something of me. Trust should be valued highly and seen as a true bond between two friends or mates. It should be thought of as the glue in the relationship.



Name: Chauhan Pushpraj

Class / Div: A1 Roll No.: 169

Article Title: Money - The 7th Sense

It is said to be that 'money can't buy Happiness'. But According to my perspective it varies it is seen that a person with almost no money had felt the Happiness of Heaven & on other hand A person with money full of Bags are unable to get self Happiness. One can purchase anything by money But one can't purchase money without his Hardwork & Efforts. Money can make Every thing possible. It has a power to make one feel superiority & make his Dream come true. If a person wishes to have shelter in other planet money can make it happen. Eventually If A person has a desire to live in depth of sea money can make it exist too. So far there is no such thing which money can't do. Everyone values money & put all his efforts to gain a single penny. Money is the 7th Sense which allow you to live rest 6th senses. Those sense are Happiness, Opportunity, Competition, Excitement, Desire & Superiority. Money can Highly Influence the person for Instance, A person who gained money had a Egoistic Tongue who was earlier polite.

Money is Emphasis in each one's life, since what ever we sense & consume is anyhow connected to money & Hence everyone do hardwork to sustain to survive. Money is like water it flows even if it is covered by your hands. Expenses can't stop But we can for that, Saving should be done to protect future.



Name: Neha vilas kamble

Class / Div: F.Y. B. Com / A Roll No.: 114

Article Title: Plastic Banned

Plastic bags are one of the most dangerous substances to our environment. It seems silly that plastic bags could do so much harm. You never would have guessed, right? Well, believe it or not, these bags contribute to environmental issues in several ways.

For one, plastic bags litter the environment. Forests, rivers, lakes, and oceans are littered all over the world. Wind carries these bags everywhere. We are destroying our own planet and most people don't even realize the harmful effects of these bags. They also overflow landfills, taking up room that can be used by other trash. Americans use over 380 billion plastic bags a year.

For two, these bags kill our wildlife. They kill not only marine animals, but also animals on land. Many species are already becoming endangered as it is. These bags are adding to the death toll of animals, and it could increase their chances of being endangered, or even extinct.



Name: MAKWANA TEENA KETAN

Class / Div: F.Y. B.COM / A Roll No.: 33

Article Title: समय का महत्व

समय एक ऐसी चीज है जो हीरे-सोने से भी मंहगी है, समय की कीमत पैसे से ज्यादा है, समय किसी भी दुश्मन से ज्यादा ताकतवर है, समय से बेहतर कोई नहीं सिखा सकता।

समय का बहुत महत्व है और इसका गहरा अर्थ है। इसलिए सफल जीवन के लिए समय के महत्व को समझना जरूरी है। समय प्रबंधन हमारे जीवन में एक महत्वपूर्ण भूमिका निभाता है।

समय धूल से भी ज्यादा कीमती है, क्योंकि यदि धूल को खच कर दिया जा सकता तो यह वापस प्राप्त किया जा सकता है। हालांकि, यदि हम एक बार समय को गंवा देते हैं, तो इसे वापस प्राप्त नहीं कर सकते हैं। समय और ज्वार-भाटा कभी किसी की प्रतीक्षा नहीं करते हैं। यह बिल्कुल पृथ्वी पर जीवन के अस्तित्व की तरह ही सत्य है। जिस तरह से पृथ्वी पर जीवन का होना सत्य है, ठीक उसी तरह से यह कथावत भी बिल्कुल सत्य है। समय बिना किसी रुकावट के निरंतर चलता है। यह कभी किसी की प्रतीक्षा नहीं करता है।

