



Name: Mishra Shreya Umesh

Class / Div: FYJC - A

Roll No.: 60

Article Title: रामनवमी

राम नवमी हिंदू धर्म में एक पवित्र त्योहार है, जिसमें भगवान राम की पूजा की जाती है। बहुत ही हर्ष उत्साह के साथ मनाया जाता है। रामनवमी का पर्व अयोध्या के राजा दशरथ और रानी कौशल्या के पुत्र श्री राम के जन्म की २५वीं में मनाया जाता है। ऐसा मान्यता है कि भगवान राम का जन्म इसी दिन अयोध्या में हुआ था। राम के मंदिर का बहुत अच्छी तरीके से सजाया जाता है। इसी दिन सारे भक्त भगवान राम की पूजा अर्चना में मग्न होते हैं। यह त्योहार हिंदू पंचम के अनुसार चैत्र माह के शुक्ल पक्ष के दिन मनाया जाता है। कई जगह पर लड़े लड़े पंडाल लगाए जाते हैं। और पूजा की जाती है। इस दिन भजन कीर्तन का आराधन किया जाता है। इस अवसर पर भक्तों के द्वारा विविध जात पर मंडार का आराधन किया जाता है। श्री राम भगवान विष्णु के 10 अवतारों में से 10वां अवतार माना जाता है। लोग रामनवमी के दिन अपने घरों में भगवान राम की पूजा करते हैं। पंजरी को प्रसाद के रूप में रखा जाता है। राम का प्रसाद सब भक्तों में बाँटा जाता है। राम के सामने बैठकर अपने परिवार और जीवन की कामना करते हैं। यह त्योहार पूरे एक दिन बड़ी खुशी से मनाया जाता है। सभी लोग अपने घरों में रामचरितमानस का अरकठ पाठ करते हैं। इस शांति तो रामनवमी पर चार चौद लगे थे। वहीकी अयोध्या में उनका मंदिर जो बन गया था। राम अपने घर में बसे थे।



Name: Mahadik Kaushik.

Class / Div: FYJC-B.

Roll No.: 42

Article Title: Importance of Education

"Education is the most significant tool for every person to grow and progress." It helps in achieving and developing skills, abilities, insights and scientific temper. The main task of Education is to develop character or pattern of behaviour of an individual. The essence of education and learning lies in the removal of unemployment by producing skilled, talented and well trained personnel and professional. One of the main purposes of education should be to equip the people with means to face the problem of unemployment. Importance of education is well known that's why education as a national policy is always given priority. Child or kids start going to school to get the primary or elementary education. It is considered a human right for every child to get the opportunity for education.

Education itself is very important for whether the child is a boy or girl. A girl child education is important for bringing a balance in society. That's why it is true that "If you educate a man, you educate a man. You educate a woman, you educate a generation." Government is running various literacy programmes like adult literacy part time study, free education programmes, girl child education programmes, etc. It is our duty and responsibility to spread awareness about importance of education. Education is a tool to tackle many problems like poverty, unemployment, less crime rate.



Name: Gupta Rashi Sunil

Class / Div: FYJC - C

Roll No.: 57

Article Title: Rising Prices

Most of us do know that our materialistic country is now walking on the path of international economic progress, which may bring us under the delusion that the lives of citizens is improving. In reality, this progress has caused inflation which has a deep impact on the lives of common men.

Statistics have shown that the prices of common and basic food items and amenities have increased by a whopping 20% which has brought the common man under tremendous pressure. Sustaining a family in such an oppressive economy has made the life of common men grueling and tormenting. To add fuel to the fire, the numberless taxes issued are contributing in making his life chaotic. Most people are now trapped in the never-ending maze of debts.

Most people have failed this arduous test of "survival of the fittest." In a nutshell, the rising prices are squeezing the finite amount of peace in the common man's life. When commodity prices rise, it becomes impossible for them to survive on this limited income. People's life is distributed today due to increase in commodity prices.



Name : Pandey Asmita Uday

Class / Div : FYJC - A Roll No.: 102

Article Title : Cigarette smoking should be banned

Smoking may be an explanation for pollution and child smoking. Tons of research shows that a lot of salts of gases that is released by smoking and are harmful to the environment, like CO<sub>2</sub>. Polluting the environment affect society's health. So, smoking should be banned publicly. Smoking ahead of children may be a bad influence on them. Children tend to repeat what they observe and are influenced by the normality of smoking around them.

If anyone smoking ahead of a toddler, the kid could also think that smoking may be a good thing but it is not. The more children are exposed to smoking the higher the prospect of them becoming smoker themselves. Cigarette smoke is extremely harmful to non-smokers. Smoking may be an explanation for air pollution. For years people are smoking publicly thinking "it's my body, I can do whatever I would like to it" but actually smoking not only harms the smoker, but also the other that are around him or her. Cigarette smoke is very harmful to non-smokers. Smoking is a cause of pollution. Smoking in front of young people is a bad influence on them. I do hope that I would never again like to see people smoking in public and smoking will be banned in public places.



Name: Nadan Rebecca Chittarraja

Class / Div: FYJC - A

Roll No.: 25

Article Title: Ram Navami

Ram Navami is a spring Hindu festival that celebrates the birthday of Lord RAMA. He is particularly important to the Vaishnavism tradition of Hinduism, as the seventh avatar of Vishnu. The festival celebrates the descent of God Vishnu as Rama avatar, through his birth to King Dasharath and Queen Kausalya in Ayodhya. The festival is a part of the bright half (Shukla Paksha) in the Hindu calendar month of Chaitra. This typically occurs in the Gregorian months of March/April every year.

The day is marked by Rama Katha recitals or reading of Rama stories. Ramayana and Mahabharata are considered Itihasa by Indian traditions. Some Vaishnava Hindus visit a temple, others pray within their home, some participate in a bhajan or kirtan with music as a part of puja and aarti. The festival is an occasion for moral reflection for many Hindus. Some mark this day by vrata (fasting).

The important celebrations on this day take place at Ayodhya and Sita Samahit Sthal (Uttar Pradesh), Sita-maithi (Bihar), Jarakpurdham (Nepal), Bhadrachalam (Telangana), Kodandarama Temple, Vontimitta (Andhra Pradesh) and Rameswaram (Tamil Nadu). Rath yatras, the chariot processions, also known as Shobha yatras of Rama, Sita, his brother Lakshmana and Hanuman, are taken out at several places. In Ayodhya, many take a dip in the sacred river Sarayu and then visit the Rama temple.



Name : Masalkar Chaitali Namdev

Class / Div : FYJC- B

Roll No.: 09

Article Title :

गुढीपाडवा

गुढीपाडवा हा हिंदू नववर्षाचा पहिला दिवस आहे. हा सण  
येथे 'शुद्ध प्रतिपदा' साजरा केला जातो. नववर्षाच्या  
वधागतासाठी अनेक लोक आपल्या घरावर गुढी उभारतात.  
त्याला नवीन कोरीसाडी, फुलमाळा, सारखेरी मळ घाव  
आदी लाल्या या दवारे ल्याला सजवले जाते. गुढीपाडवा हा एक  
साडेतीन मुहूर्तापैकी एक आहे. या दिवशी प्रत्येक आप्तापल्या  
घरात छोड छोड वनवतात. व कुटुंबातारोबर हा  
सण साजरा करतात. या दिवशी अनेक लोक सोने-चांदी  
खरेदी करतात. अनेक लोक आपल्या घराचे व दुकानांचे  
उद्घाटन करतात. कोवा काही शुभप्रसंग घरात साजरा  
करतात. जसे लग्न, सारखरपडा इत्यादी. घरासमोर सुंदर  
कुशी शंभोकी काढली जाते. दरवाजाला सुंदरी फुले व  
आल्यांचा पाने बांधून लोखण लावले जाते. गुढीला विजयाचे  
पूतक मानले जाते. महाराष्ट्रात हा सण घरोघरी साजरा  
केला जातो. या दिवशी व्यंगकी कडे आनंदाचे व उत्साहाचे  
वातावरण असते. या दिवशी अनेक लोक पारंपारिक केशभूषा  
करतात. भगवान श्रीराम आपला वनवास पूर्ण करून  
अयोध्येत परतले होते अशी मान्यता आहे. घरात  
सरस्वती पुजन केले जाते. गुढीपाडवा हा सण आपल्या  
मनातील मळमळ दूर करून उत्साहाने पुढारा शिकवणारा  
सण आहे. हा सण हिंदू लोकांस साठी व्युप महत्वाचा  
सण मानला जातो. सकाळी कडालेबाचे पाने खावून  
दिवसाची सुरुवात करतात.



Name: Vishwakarma Aradhana S.

Class / Div: FYJC - A Roll No.: 136.

Article Title: India - Land of Spices

Spices have been used since ancient times. They have been mentioned in the ancient Hindu scriptures for example Vedas, ancient Egyptian papyri and the old Testament. Although it was not until the Roman conquests that western countries discovered their culinary possibilities. Spices have always been believed to have healing and magical qualities. They have been used to cast spells, as incense in religious sites, to embalm corpses, to add fragrance to perfumes and as medicines.

The word Spice comes from Latin 'Species', meaning a commodity of value and distinction. During their long and fascinating history, spices have often been more valuable than gold or precious stone and the trade of spices has been an extraordinarily influential factor in history.

Flowers, leaves, roots, bark, seeds and bulb are used in endless combinations to produce an infinite variety of flavours: sweet, sharp, hot, sour, spicy, aromatic, tart, mild, fragrant and pungent. Their tastes and aromas combine to create a kaleidoscope of exotic flavours to delight the palate. It is best to obtain spices in whole seed form and to grind them just prior to use.

Indian spices offer significant health benefits and contribute towards an individual's healthy life.



Name : Singh Rani Umesh

Class / Div : FYJC - A

Roll No.: 43

Article Title : Gudi Padwa.

Gudi Padwa is the marathi name for 'Chaitra Shukla Pratipada'. It is the first day of the new year according to the Hindu calendar. Gudi Padwa or ugadi is celebrated in the states of Maharashtra, Andhra Pradesh and Karnataka. It is believed that the 'Gudi' (Flag) is a symbol of Lord Rama's victory over Ravan and his subsequent re-instatement to his post in Ayodhya after completing 14 years of Exile. Gudi is believed to ward off evil, invite prosperity and good luck into the house.

On Gudi Padwa, a gudi is erected in front of the door of the house to welcome the new year. A silk cloth is tied to the end of a long bamboo to make a gudi. A necklace of sugarcane, neem leaves, mango twigs and marigold flower is tied on it and a kalash is placed on it. This gudi is raised towards the sky. On this festival people clean their house and make beautiful rangoli at the door. Sweet dishes like Purnanoli, Shrikhand puri etc. are made at home on this day. The festival of Gudi Padwa gives the message to forget the past and face life with new enthusiasm and happiness.





Name: Rathod Bhavi Rahul

Class / Div: FYJC - C Roll No.: 63

Article Title: AVOID PLASTIC

Plastic pollution is caused due to the accumulation of the waste plastic material in the environment. Plastic is a non bio-degradable substance. It doesn't get disposed off in the soil or water and its effect is worse when burnt. It is thus a challenge to dispose it off. It remains in the environment for hundreds of years and causes air, water and land pollution. It is hazardous for humans, animals as well as the plants. Several animals, birds and marine creatures die due to plastic pollution each year.

Plastic plates, bags, spoons, glasses and other material are readily available in the market. These are economical and easy to use. All they need to do is to gather these and throw them away. However, little do they realize that this waste is not disposed off so easily. It to remain in the environment and harm us adversely.

The first and most important step towards beating plastic pollution is to avoid the usage of plastic. But we can not avoid their usage completely. However, we can certainly avoid using those plastic products that can easily be replaced with eco-friendly alternatives.

For instance, instead of using plastic bags, we can easily opt for a jute, cloth or paper bag when we head for shopping. Likewise, instead of using disposable plastic cutlery and utensils during parties we can use those made of steel, paper, thermocol or any material which is reusable or easy to dispose.



Name: Rathod Bhavya Rahul

Class / Div: FYJC-C

Roll No.: 64

Article Title: The History of Yoga.

The origins of yoga are now traced back to the Indus Valley Civilization that existed during the period between 3300 and 1300 before the Common Era (Clark 3). This argument is based on archeological findings, namely the depictions of postures that resemble some of positions that are now used in yoga. However, the first textual mentioning of this word appears only in the Vedic period. This evidence can show that yoga was a combination of mental, spiritual and spiritual practices that could help a person improve his/her health and achieve liberation from many worldly desires. This classical work about this method were written during the rule of Maurya Empire.

The classical period can be distinguished because the main principles of this teaching were established during this time. For instance, one can speak about the idea of five abstentions or pratyahara which can be translated as the withdrawal of a person's senses. At that stage, the practitioners of yoga did not separate spiritual and physical exercises. So, this period is an important landmark that can be identified. Moreover, one can speak about the Middle Ages which were marked by the emergence of many yoga schools. For instance, it is possible to mention Bhakti Movement, Tantra, Hatha Yoga and many others. To a great extent, these schools of yoga continue to play an important role now-a-days.